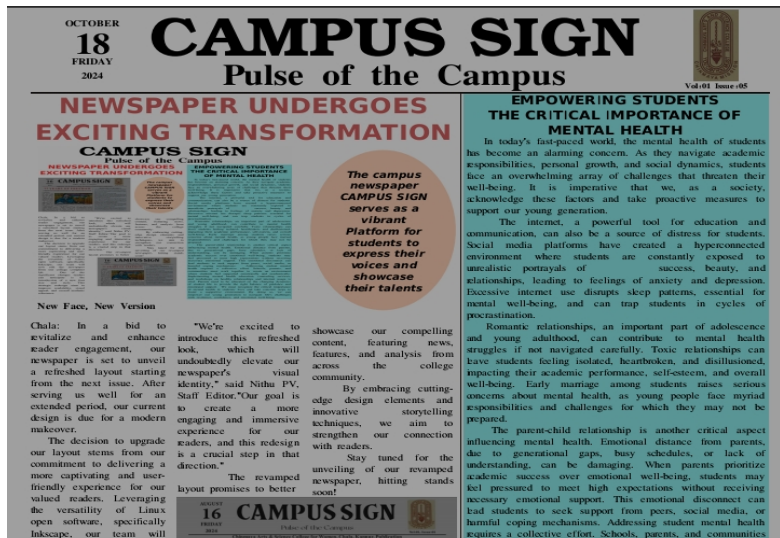


NEWSPAPER UNDERGOES EXCITING TRANSFORMATION

K.V AFRAH



New Face, New Version

Chala: In a bid to revitalize and enhance reader engagement, our newspaper is set to unveil a refreshed layout starting from the next issue. After serving us well for an extended period, our current design is due for a modern makeover.

The decision to upgrade our layout stems from our commitment to delivering a more captivating and user-friendly experience for our valued readers. Leveraging the versatility of Linux open software, specifically Inkscape, our team will now edit the newspaper from our college computer lab. One of the significant changes readers can anticipate is the introduction of a new font size and style. This strategic redesign aims to improve readability, visual appeal, and overall aesthetic coherence.

"We're excited to introduce this refreshed look, which will undoubtedly elevate our newspaper's visual identity," said Nithu PV, Staff Editor. "Our goal is to create a more engaging and immersive experience for our readers, and this redesign is a crucial step in that direction."

The revamped layout promises to better

showcase our compelling content, featuring news, features, and analysis from across the college community.

By embracing cutting-edge design elements and innovative storytelling techniques, we aim to strengthen our connection with readers.

Stay tuned for the unveiling of our revamped newspaper, hitting stands soon!

The campus newspaper CAMPUS SIGN serves as a vibrant Platform for students to express their voices and showcase their talents



Old Face: Campus Sign in its first Issue

CHINMAYA ARTS AND SCIENCE COLLEGE FOR WOMEN LAUNCHES NSS UNIFORM

K. K Aysha Thamanna

Chala: In a significant move to promote unity and identity among its National Service Scheme (NSS) volunteers, Chinmaya Arts and Science College for Women has launched the NSS uniform.

The uniform, a symbol of equality and social responsibility, represents the volunteers' commitment to community development and social service. Wearing the uniform instills pride, ownership, and a sense of

belonging among volunteers.

"The NSS uniform embodies our values of discipline, professionalism, and social responsibility," said College Principal Dr. Seema M. Thayil, "It's a proud moment for our institution to introduce this uniform, which reflects our commitment to youth empowerment and community engagement."

The uniform makes NSS volunteers easily recognizable as change-makers in their communities. Its cultural significance in India represents youth empowerment and social responsibility

The NSS uniform is the thread that stitches our diversity into a tapestry of UNITY

EMPOWERING STUDENTS THE CRITICAL IMPORTANCE OF MENTAL HEALTH

In today's fast-paced world, the mental health of students has become an alarming concern. As they navigate academic responsibilities, personal growth, and social dynamics, students face an overwhelming array of challenges that threaten their well-being. It is imperative that we, as a society, acknowledge these factors and take proactive measures to support our young generation.

The internet, a powerful tool for education and communication, can also be a source of distress for students. Social media platforms have created a hyperconnected environment where students are constantly exposed to unrealistic portrayals of success, beauty, and relationships, leading to feelings of anxiety and depression. Excessive internet use disrupts sleep patterns, essential for mental well-being, and can trap students in cycles of procrastination.

Romantic relationships, an important part of adolescence and young adulthood, can contribute to mental health struggles if not navigated carefully. Toxic relationships can leave students feeling isolated, heartbroken, and disillusioned, impacting their academic performance, self-esteem, and overall well-being. Early marriage among students raises serious concerns about mental health, as young people face myriad responsibilities and challenges for which they may not be prepared.

The parent-child relationship is another critical aspect influencing mental health. Emotional distance from parents, due to generational gaps, busy schedules, or lack of understanding, can be damaging. When parents prioritize academic success over emotional well-being, students may feel pressured to meet high expectations without receiving necessary emotional support. This emotional disconnect can lead students to seek support from peers, social media, or harmful coping mechanisms.

Addressing student mental health requires a collective effort. Schools, parents, and communities must work together to create an environment where students feel supported emotionally and academically. Implementing mental health education, counseling services, and workshops on healthy relationships and internet usage is vital.

Parents need to be educated on the changing dynamics of student life to provide the right balance of guidance and emotional support. We must recognize the critical importance of mental health in students' lives and take concrete steps to foster a supportive environment.



Wearing Unity, Serving Humanity: NSS volunteers of Chinmaya Arts and Science College for Women donning their new uniforms.

DR.APJ ABDUL KALAM'S 95TH BIRTH ANNIVERSARY WORLD STUDENTS' DAY CELEBRATIONS

S GOPIKA



October 15 marked the Dr. Kalam's academic 95th birth anniversary of excellence earned him a Dr. APJ Abdul Kalam, a degree in Aeronautical Engineering from the journey from humble Madras Institute of Technology. India's 11th president Dr. Kalam's dedication inspires millions. This day is also observed as World Students' Day, a tribute to Dr. Kalam's tireless efforts in promoting education and empowering the youth. Born on October 15, 1931, in Rameswaram, Tamil Nadu, Dr. Kalam's early life was marked by true passion lay in curiosity and a passion for education, and he spent his life inspiring the youth to dream big and work tirelessly towards a strong sense of discipline and spirituality.

The United Nations recognized Dr. Kalam's commitment to education by declaring October 15 as World Students' Day in 2010. This global celebration acknowledges the importance of education in shaping the future and encourages students to become active participants in the learning process. As we, the Campus Sign Team celebrate World Students' Day and Dr. APJ Abdul Kalam's birth anniversary, we honor his unwavering commitment to education and his enduring impact on students worldwide. His life serves as a testament to the power of hard work, dedication, and the pursuit of knowledge

CHINMAYA ARTS AND SCIENCE COLLEGE SHINES WITH TALENTED STUDENT SUMAYYA N.R.

K. K DEVAPRIYA



Star of the Week: Our Chairperson Chala: Chinmaya Arts and Science College has every reason to be proud of its exceptional student, Sumayya N.R. Known for her kind-hearted nature, Sumayya has made a lasting impact on the college community. As a BA English student, Sumayya's passion for literature shines through her impressive skills in anchoring, public speaking, and language proficiency. Her leadership abilities are evident in her role as Secretary of the National Service Scheme (NSS), where she has proven herself to be an outstanding leader. Sumayya's oratory skills were honed from a young age, with her actively participating in speeches and elocutions. Her quiz skills have earned her numerous awards, showcasing her vast knowledge and quick thinking. A gifted debater, Sumayya represented Kerala in the national-level debate competition organized by IAPPD. Her impressive argumentation skills also led her to participate in the state-level Youth Parliament conducted by Nehru Yuva Kendra."Sumayya is an asset to our college," said Shanu M Karun, HoD Department of English, "Her dedication to academics and extracurricular activities is inspiring, and we look forward to her future achievements."Sumayya's remarkable communication skills and compassionate nature have made her a beloved figure among students and staff. Her achievements serve as a testament to Chinmaya Arts and Science College's commitment to nurturing talented individuals.As Sumayya continues to excel in her academic and extracurricular pursuits, the college community eagerly anticipates her future successes

STUDENTS FROM CHINMAYA ARTS AND SCIENCE COLLEGE SHINE AT FACE PAINTING COMPETITION

K DIYA REJITH Kannur: The Krishna Menon Memorial Govt Women's College played host to a vibrant Face Painting Competition on October 5th, as part of the Wildlife Week celebrations. Two talented students from Chinmaya Arts and Science College for conservation. The event's success was evident in volunteers, showcased their artistic prowess, captivating the audience with their creative designs. The Chinmaya Arts and Science College BCA students' impressive performance earned them a sizable crowd of recognition among their enthusiastic onlookers. The peers and judges alike. Their participation transformed into canvases, underscored the college's showcasing majestic creatures like tigers, lions, and elephants. The event community engagement.

The Wildlife Week celebrations provided an ideal setting for this unique event, promoting appreciation for the natural world and encouraging creativity. As the participants and attendees dispersed, the memories of the colorful and dynamic face paintings lingered, a testament to the power of art to unite and inspire.



MUKHAVARA: Chinarts students Diya Rejith.K and Ameesha.K. M.

STUDENTS SHINE AT MEGHA DANDIYA NIGHT

C.K SHIYONA

Kannur: The Bala Bhavan in Kannur recently played host to the highly anticipated Megha Dandiya Night, one of the largest Navaratricelebrations in the city.

The event, organized by Chinmaya Mission, brought together thousands of enthusiasts to revel in the vibrant spirit of Garba and Dandiya Raas.



Colorful Night: Mega Dandiya celebration The event celebrated the festive spirit of Navaratri. With its grand scale and cultural significance, Megha Dandiya Night has become a cornerstone of Kannur's cultural calendar.